

Introduction to Belly Dance



with Riskallah Riyad

November session begins 11/1 (no class 11/22)

Wednesday 4:45 – 5:30 p.m.

\$60 for 4 weeks OR drop-ins \$20 class

(register online: www.vittisdancestudio.com)

These beginner classes will focus on the basic movements and isolations used in this dance. A wonderful workout for your body to help you look and feel great. For all ages, shapes and sizes!

About the Instructor:

Renowned dance teacher Riskallah Riyad (Dolores Matzen) has been teaching Middle Eastern dance arts for over 40 years. Dolores is known for her energetic teaching style and the ability to communicate movement to students of any level!



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